

Personality profile of university players

■ DEEPAK SINGH BHANDARI AND H.S. KANG

Received : 18.09.2012; Accepted : 28.10. 2012

See end of the article for
authors' affiliations

Correspondence to :

DEEPAK SINGH BHANDARI
Department of Physical Education
and Sports, Singhania University,
JHUNJHUNU (RAJASTHAN)
INDIA
Email: dbhandari10@yahoo.com

■ ABSTRACT

The term 'Personality' has many meaning but in general, its usage is based upon the assumption that there are consistencies in behaviour which are evidenced by an individual in a variety of situations. Allport (1938) defines personality as a dynamic organization with in the individual. Cattell (1972) view 'personality' as a complex set of multiple traits that are identified as inferred on the basis of observed behaviour. In this study the word personality has the following connotations: Personality is the congregation of the 16 factors of an individual which make him unique in his behaviour. These 16 personality factor are suggested by Cattell (1972) .

■ **Key Words** : Personality profile players

■ **How to cite this paper** : Bhandari, Deepak Singh and Kang, H.S. (2012). Personality profile of university players. *Internat. J. Phy. Edu.*, 5 (2) : 173-175.

Many studies shows that personality research in sports setting has been quite popular. According to Mohan (1989), personality has a remarkable importance in sports psychology because it is the core of individual differences and it has bearing on human performance. Frank (1988); Singe (1973); conducted studies on personality of various sportsmen. These studies assessed cognitive strategies, mental practice, anxiety, self confidence level and personality characteristics of players, the present study investigated the personality characteristics of University players.

Objective of the study :

The present study was designed to study the personality characteristics of university players of various sports. The investigator had laid down the following objectives in order to explore the personality characteristics of players of Gurukul Kangri University, Haridwar (Uttarakhand).

- To study the personality characteristics of university players.
- To identify the gender discrimination among university players in relation to personality factors.
- To draw the personality profiles of players.

■ METHODOLOGY

Sample :

The present study deals with the players of the Gurukul Kangri University, Haridwar (Uttarakhand). The investigator has selected 81 players of various games. The selected players were studying in the affiliated colleges of Gurukul Kangri University, Haridwar (Uttarakhand). The non sportsmen, 80 in number were randomly selected, who had never participated in sports and were medically fit.

Tools and techniques :

In the present study, the following tools were used to collect the relevant data:

General information questionnaire (1996) :

Prepared by the investigator to collect the detail information of the players like name, age, date of birth, sex, class, section, father's name, father's occupation, income, case, family size, residence and marks obtained in previous examination etc. The tool was used to build a rapport with players.

Sixteen personality factor questionnaire-16 PF (1973) :

It was originally developed by Dr. R.B. Cattell and